



NUTRITION FACTS

ORANGE JUICE

Serving Size 1 Cup (236 ml)
 Servings Per Container 1

Amount Per Servings																									
Calories 110	Calories from Fat 0																								
% Daily Value*																									
Total Fat 0g	0%																								
Saturated Fat 0g	0%																								
Cholesterol 0mg	0%																								
Sodium 30mg	1%																								
Total Carbohydrate 27g	9%																								
Dietary Fiber 0g	0%																								
Sugars 27g	0%																								
Protein 2g																									
Vitamin A 4%	Vitamin C 100%																								
Calcium 2%	Iron 0%																								
*Percent Daily Values are based on a 2000 calorie diet. Your daily value may be higher or lower depending on your calorie needs.																									
	<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="padding: 5px;">Calories</th> <th style="padding: 5px;"><u>2,000</u></th> <th style="padding: 5px;"><u>2,500</u></th> </tr> </thead> <tbody> <tr> <td style="padding: 5px;">Total Fat</td> <td style="padding: 5px;">Less Than 65g</td> <td style="padding: 5px;">80g</td> </tr> <tr> <td style="padding: 5px;">Saturated Fat</td> <td style="padding: 5px;">Less Than 20g</td> <td style="padding: 5px;">25g</td> </tr> <tr> <td style="padding: 5px;">Cholesterol</td> <td style="padding: 5px;">Less Than 300mg</td> <td style="padding: 5px;">300mg</td> </tr> <tr> <td style="padding: 5px;">Sodium</td> <td style="padding: 5px;">Less Than 2,400mg</td> <td style="padding: 5px;">2,400mg</td> </tr> <tr> <td style="padding: 5px;">Total Carbohydrate</td> <td style="padding: 5px;">300mg</td> <td style="padding: 5px;">375mg</td> </tr> <tr> <td style="padding: 5px;">Dietary Fiber</td> <td style="padding: 5px;">25g</td> <td style="padding: 5px;">30g</td> </tr> <tr> <td style="padding: 5px;">Protein</td> <td style="padding: 5px;">50g</td> <td style="padding: 5px;">70g</td> </tr> </tbody> </table>	Calories	<u>2,000</u>	<u>2,500</u>	Total Fat	Less Than 65g	80g	Saturated Fat	Less Than 20g	25g	Cholesterol	Less Than 300mg	300mg	Sodium	Less Than 2,400mg	2,400mg	Total Carbohydrate	300mg	375mg	Dietary Fiber	25g	30g	Protein	50g	70g
Calories	<u>2,000</u>	<u>2,500</u>																							
Total Fat	Less Than 65g	80g																							
Saturated Fat	Less Than 20g	25g																							
Cholesterol	Less Than 300mg	300mg																							
Sodium	Less Than 2,400mg	2,400mg																							
Total Carbohydrate	300mg	375mg																							
Dietary Fiber	25g	30g																							
Protein	50g	70g																							
INGREDIENTS: ORANGE JUICE CONCENTRATE AND WATER																									