

1% LOW FAT MILK 8 OZ

Nutrition Facts

Serving size (8oz)

Amount per serving

Calories 120

% Daily Value *

Total Fat 2.5g 4%

Saturated Fat 1.5g 8%

Trans Fat 0g

Cholesterol 15mg 5%

Sodium 150mg 6%

Total Carbohydrate 14g 5%

Dietary Fiber 0g 0%

Total Sugars 14g

Includes 0g Added Sugars

Protein 11g

Vitamin A 10%

Vitamin D 25%

Calcium 35%

Iron 0mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: FAT FREE MILK, MILK, NON FAT MILK SOLIDS, VITAMIN A PALMATE AND VITAMIN D3.