

1% LOW FAT MILK 6 OZ

Nutrition Facts

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Serving size	(6oz)
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Amount per serving	
Calories	90
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% Daily Value *	
Total Fat 2g	3%
Saturated Fat 1g	5%
<i>Trans</i> Fat 0g	
Cholesterol 10mg	3%
Sodium 115mg	5%
Total Carbohydrate 11g	4%
Dietary Fiber 0g	0%
Total Sugars 10g Includes	
0g Added Sugars	
Protein 8g	16%
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Vitamin A	8%
Vitamin D	20%
Calcium	30%
Iron 0mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: FAT FREE MILK, MILK, NON FAT MILK SOLIDS, VITAMIN A PALMATE AND VITAMIN D3.