

FAT FREE MILK 8 OZ

Nutrition Facts

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Serving size (8oz)

Amount per serving

Calories 90

% Daily Value *

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 5mg 2%

Sodium 120mg **5%**

Total Carbohydrate 12g 4%

Dietary Fiber 0g 0%

Total Sugars 12g

Protein 9g **17%**

Vitamin D 25%

Calcium 30%

Iron 0%

VITAMIN A 10%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: FAT FREE MILK, NON FAT MILK SOLIDS, VITAMIN A PALMITATE AND VITAMIN D3.