

2% REDUCED FAT MILK 8 OZ

Nutrition Facts

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Serving size (8oz)

Amount per serving
Calories 120

% Daily Value *

Total Fat 4.5g 6%

Saturated Fat 3g 15%

Trans Fat 0g

Cholesterol 10mg 3%

Sodium 95mg 4%

Total Carbohydrate 11g 4%

Dietary Fiber 0g 0%

Total Sugars 11g

Includes 0g Added Sugars 0%

Protein 9g

Vitamin A 0mcg 0%

Vitamin D 4mcg 20%

Calcium 284mg 20%

Iron 0mg 0%

Potassium 372mg 8%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.