

## CHOCOLATE LOW FAT MILK 8 OZ

### Nutrition Facts

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Serving size (8oz)

Amount per serving

**Calories 170**

% Daily Value \*

Total Fat 3.5g 4%

Saturated Fat 2.5g 13%

*Trans* Fat 0g

Cholesterol 5mg 2%

Sodium 160mg 7%

Total Carbohydrate 27g 10%

Dietary Fiber 0g 0%

Total Sugars 24g

Includes 15g Added Sugars 30%

Protein 7g

Vitamin A 141mcg 15%

Vitamin D 4mcg 20%

Calcium 233mg 20%

Iron 0mg 2%

Potassium 320mg 6%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.