



UHT

Fat Free Chocolate Milk

Nutrition Facts	
Amount per 8oz/236 ml Serving	
Calories	135
	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 180 mg	8%
Total Carbohydrate 24g	9%
Dietary Fiber 1g	2%
Total Sugars 23g, 11g added sugar	
Protein 8g	
Vitamin D 10%	Iron 0mg 0%
Vitamin A	15%
Potassium 420mg	10%
Calcium 300mg	25%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram Fat 9	
Carbohydrate 4 · Protein 4	
Fat Reduced from 8g to 5g APS	

Ingredients: Nonfat Milk, Sugar, Cocoa, (Processed with Alkali), Corn Starch, Salt, Carrageenan, Guar Gum, Vanillin (an Artificial Flavor), Vitamin A Palmitate, Vitamin D3