



NUTRITIONAL PANEL - 28g

PROVOLONE CHEESE

Nutrition Facts			
Serving size		1 OZ (28g)	
Servings Per Container			
Amount Per Serving			
Calories	100	Calories From Fat	70
			% Daily Value*
Total Fat	8g		12%
Saturated Fat	4.5g		22%
Trans Fat	0g		
Cholesterol	20mg		7%
Sodium	200mg		8%
Total Carbohydrate	less than 1gram		0%
Dietary Fiber	0g		0%
Sugars	0g		
Protein	7g		
Vitamin A			4%
Vitamin C			0%
Calcium			20%
Iron			0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories	2,000	2,500
Total Fat	less than	65 g	80 g
SatFat	Cholesterol	less than	20 g
Sodium	less than	300 mg	300 mg
Total Carbohydrate	less than	2,400 mg	2,400 mg
		300 g	375 g
Dietary Fiber		25 g	30 g
Calories per gram:			
Fat	9	Carbohydrate	4
		Protein	4

INGREDIENTS: Unsmoked Provolone Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes)

Date: 1/1//24