

## 2% REDUCED FAT MILK 8 OZ

# Nutrition Facts

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Serving size (8oz)

Amount per serving

**Calories 130**

% Daily Value \*

Total Fat 5g **8%**

Saturated Fat 3g 15%

*Trans* Fat 0g

Cholesterol 25mg **8%**

Sodium 130mg **5%**

Total Carbohydrate 13g 4%

Dietary Fiber 0g 0%

Total Sugars 13g

Includes 0g Added Sugars **0%**

Protein 10g **19%**

Vitamin C 4%

Vitamin D 25%

Calcium 35%

Iron 0%

Vitamin A 10%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** FAT FREE MILK, MILK, NON FAT MILK SOLIDS, VITAMIN A PALMITATE AND VITAMIN D3.