



12 ounce

**Fat Free Choc Milk**

Serv. Size 1 Bottle (355mL)

**Amount Per Serving**

**Calories 190    Fat Cal. 0**

**%Daily Value\***

**Total Fat** 0g                      **0%**

Saturated Fat 0g                **0%**

*Trans Fat* 0g

**Cholesterol** 5mg                **2%**

**Sodium** 230mg                **10%**

**Total Carb.** 34g                **11%**

Dietary Fiber 0g                **0%**

Sugars 32g

**Protein** 12g

Vitamin A 15% • Vitamin C 4%

Calcium 45% • Iron 0% • Vitamin D 35%

INGREDIENTS: FAT FREE MILK, SUCROSE, COCOA PROCESSED WITH ALKALI, CORN STARCH, SALT, CARRAGEENAN, VANILLIN, VITAMIN A PALMITATE AND VITAMIN D3